

May 2021

Mossyrock School District

LUNCH



School Information: Mossyrock School District is an equal opportunity provider!
All meals are free to children 18 years and younger.



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.

Monday

Chicken Burgers
French Fries
Lettuce & Tomato
Fruit
Milk

3

Tuesday

Chicken Taquitos
Refried Beans
Fresh Veggies
Fresh Salsa
Fruit
Milk

4

Wednesday

Virtual learning day!

5

Thursday

Corn Dogs
Fries
Fresh Veggies
Fruit
Milk

6

Friday

Chicken Noddle Soup
Turkey Sub
Fresh Veggies
Fruit
Milk

7

Hamburgers
French Fries
Lettuce & Tomato
Fresh Veggies
Fruit
Milk

10

Chicken Soft Tacos
Refried Beans
Lettuce & Tomato
Fresh Veggies
Fruit and Milk

11

Virtual Learning Day!

12

Mac and Cheese
Green Beans
Fresh Veggies
Fruit
Milk

13

Pizza
Salad
Fresh Veggies
Pineapple
Milk

14

Chicken Nuggets
French Fries
Fresh Veggies
Fruit
Milk

17

Enchiladas
Refried Beans
Fresh Veggies
Fruit
Milk

18

Virtual Learning Day!

19

Baked Potato Bar
Roll
Fresh Veggies
Fruit
Milk

20

Pizza
Salad
Fresh Veggies
Pineapple
Fruit

21

BBQ Rib Sandwich
French Fries
Fresh Veggies
Fruit
Milk

24

Baked Ravioli
Garlic Bread
Salad
Fresh Veggies
Fruit
Milk

25

Virtual Learning Day!

26

Chili & Cinnamon Rolls
Fresh Veggies
Applesauce
Milk

27

Early Release!
PB&J Sandwich
Fresh Veggies
Fruit
Milk

28

No School!

31

